

THE JOSEPH GROH FOUNDATION



A Beacon of Hope

The Lighthouse - From Our Founder Joe Groh

Happy Holidays and welcome to the Fall edition of the Lighthouse! Fall in Texas is the most delightful time of the year, a time when November daytime highs range from the 60s to the mid 70s with lots of sunshine. Shockingly, this year saw the Rangers win the World Series, so now we'll have to see how far the Cowboys go. The Chicago and Phoenix golf tournaments were record-breakers; you can read more about them below. A lot of people assume that paralyzed individuals cannot feel pain, but that is not the case. Read about new treatments for neuropathic pain. Alana Shepherd is someone most people have not heard of, but as readers of this publication, you definitely should know about her. Read her story below. Finally, your favorite column (or at least mine) A Day in the Life. Enjoy!

Inside this issue
2023 Golf..... 2/3

Radiofrequency
Waves..... 4

Someone You Should
Know..... 5

Tracy Gale.... 6/7

Day in the Life..... 8/9

Luminary
Information.....10/11

Special Points of
Interest

Our Golf Recap
Advances in
Science
Stories from the
Foundation

